

Montrose Blueberry Festival Road Races for 2010!

3rd Annual Frozen Blueberry 5K - January 30th Montrose Blueberry 8K & 5K Road Races - August 22nd

Start time: 10 a.m. for runners, 10:02 a.m. for walkers

Start time: 8K runners: 7:30 a.m., few minute delay for walkers
5K runners: 7:45 a.m., few minute delay for walkers

Registration: online www.blueberryrace.com or mail-in or day of race starting at 9 a.m.

Registration: online www.blueberryrace.com or mail-in or Saturday, August 21, 2010 3 p.m. to 7 p.m. morning of the race starting at 6:30 a.m.

Race Day Registration Location:

Carter Elementary School Cafeteria
200 Park St.
Montrose, MI 48457

Registration Location: Hill McCloy High School gymnasium.
301 Nanita Dr.
Montrose, MI 48457

Course: This is the same as the previous years. The route will be posted on line.

Course: There are two new courses for 2010. Check out the website to see them.

Awards for both January & August are the same: overall & masters for male & female plus age groups as follows: 12 & under, 13—15, 16—19, 20—24, 25—29, 30—34, 35—39, 40—44, 45—49, 50—54, 55—59, 60—64, 65—69, 70—74, and 75 & up. These are for walkers & runners for both 5K's and 8K.

Door prizes will also be awarded to runners & walkers. You must be present to win and the door prizes are drawn after the awards. So, stick around for both the runners & walkers awards and then you may get a door prize. Prizes in the past have included gift certificates to businesses, and movie passes. You'll have to stay to find out what this year's are and who wins them.

Any questions, please visit www.blueberryrace.com or call 810-449-8340 or email: mandy@blueberryrace.com.

Pricing table is below. Prior to sending in your registration check the date and see which price category you fall into. The earlier you register the more money you save. Checks are to be made out to Montrose Blueberry Festival.

Please mail registration to: Montrose Blueberry Road Races, 1666 Kile Rd., Metamora, MI 48455.

	On or before Dec 31, 2009	On or before Jan. 30, 2010	Jan. 31, to July 31, 2010	Aug 1 to Aug 20, 2010	On Aug 21	On Aug 22	On or before Aug 22
Frozen Blueberry 5K Run or walk	\$10	\$15	N/A	N/A	N/A	N/A	N/A
Frozen Blueberry 5K Run or Walk Plus Summer 8K or 5K Run or Walk	\$20	\$25	N/A	N/A	N/A	N/A	N/A
Summer 8K or 5K Run or Walk	\$15	\$15	\$18	\$20	\$22	\$25	N/A
Frozen or Summer T-shirts—each	\$10	\$10	\$10	\$10	\$10	\$10	\$10
Pancake Breakfast passes for Aug 2010	\$5	\$5	\$5	\$5	\$5	\$5	\$5

Registration Form

First Name _____

Last Name _____

Address _____

City, State & Zip _____

Phone _____

Email _____

Birth Date _____ Gender: M F

Chip Number: _____

Checks are to be made out to Montrose Blueberry Festival.

Event	Check Or Size
Frozen 5K Run	
Frozen 5K Walk	
Summer 8K Run	
Summer 8K Walk	
Summer 5K Run	
Summer 5K Walk	
Frozen 5K Run & Summer 8K Run	
Frozen 5K Run & Summer 8K Walk	
Frozen 5K Run & Summer 5K Run	
Frozen 5K Run & Summer 5K Walk	
Frozen 5K Walk & Summer 8K Run	
Frozen 5K Walk & Summer 8K Walk	
Frozen 5K Walk & Summer 5K Run	
Frozen 5K Walk & Summer 5K Walk	
Frozen T-shirt \$10 - S/M/L/XL/XXL	
Summer T-shirt \$10 - S/M/L/XL/XXL	
Pancake Breakfast \$5 each - indicate number of passes:	

Please mail registration to:
Montrose Blueberry Road Races,
1666 Kile Rd.
Metamora, MI 48455.

Race Cost Total: _____

T-shirt Total: _____

Total: _____

Waiver of Liability: I know that running is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I assume all risks associated with participation in this event, including but not limited to falls, contact with other participants, and the effects of weather, traffic and road conditions, all such risks being known and accepted by me. In consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, do release and discharge the City of Montrose, Montrose Township, Montrose Blueberry Festival, Montrose Community Schools and all persons officially connected with the 5-mile Run/Walk from and against all damages or actions which might arise out of my traveling to, participating in, and returning from this event.

ATHLETE (OR PARENT, IF UNDER 18) MUST SIGN

DATE